

# HITRUST® Solutions

Many health care clients are being required by partners, consumers, and other businesses to prove the security around the protected health information (PHI) they receive, store, and use. HITRUST provides industry standardization to evaluate health care organizations and the security of their PHI.



HITRUST was developed in collaboration with health care and information security professionals, and the HITRUST CSF® is a widely adopted security and privacy framework. With the inclusion of federal and state regulations, standards, and frameworks such as HIPAA, NIST, ISO, and COBIT, the HITRUST CSF is an in-depth, flexible framework that remains sufficiently prescriptive in how control requirements can be scaled and tailored for organizations of varying types and sizes.

## Industry Challenges

Organizations today face new cybersecurity challenges and rapid changes with information security. Data protection and risks become an integral part of an organizational strategy. The HITRUST CSF can help you understand those risks, how to protect that data, and meet your compliance needs.

HITRUST streamlines this process for your organization, making it easier than ever to help protect sensitive information effectively and efficiently. The HITRUST CSF is a standard built on other standards and authoritative sources relevant to the information security and privacy industry. It can:

- Harmonize existing controls and requirements from standards, regulations, and business and third-party requirements
- Incorporate both compliance and risk management principles that can be specified based on each client's unique needs
- Define a process to effectively and efficiently evaluate compliance and security risk
- Support HITRUST CSF Certification
- Be executed in combination with SOC 2 and/or other reporting frameworks organizations may currently use

## HITRUST Services

BKD offers assistance in leveraging various HITRUST solutions to help meet your organization's needs.

- **HITRUST Readiness Assessment** – This assessment is designed to help evaluate how closely an

organization's control environment aligns to the HITRUST CSF.

- o No certification
- o Results documented within the report from HITRUST
- **HITRUST Validated Assessment** – This assessment will result in the issuance of two reports:
  - o HITRUST creates the HITRUST CSF Validated Assessment Report and the NIST Cybersecurity Framework Report. A letter of either Validation or Certification also will be issued based on the assessment's scoring
  - o A validated assessment is required to achieve certification
  - o Certification is valid for two years
- **HITRUST Interim Assessment** – This assessment is only required for certified reports and must be submitted no later than the one-year anniversary date of the original certification
  - o Interim review letter generated from HITRUST

## Our Approach

Our readiness services are designed to help management identify the appropriate HITRUST assessment for the business and prepare for the HITRUST examination. BKD can provide training, education, samples, and guidance to assist management in understanding the basis of the HITRUST report and the expectations for management when moving into the actual assessment work. As part of the readiness services, BKD also helps management identify the existing control structure and guidance of the types of support required during the examination.

## Walk-throughs & Gap Assessment

We help management identify the scope of the HITRUST report necessary to satisfy the client's needs. We also perform detailed walk-throughs of existing processes and controls to help identify the current state of the environment and the level of risk mitigated, as well as provide a gap analysis of the control structure and/or supporting documentation.

Our interim and validated assessment evaluate the basis of the control environment within the HITRUST MyCSF® tool. Certification requirements may or may not be achieved but will be based on the assessments scoring. As a HITRUST Authorized External Assessor, BKD can perform these services and has a long history in the health care industry.

## Why BKD Cyber?

Health care organizations and providers face many challenges in today's market, especially with more complex regulations. BKD Cyber understands. Our advisors have deep industry knowledge and resources that can help you manage change, safeguard electronic PHI (ePHI) as well as financial resources, and stay compliant. As one of the nation's largest health care management consulting firms, we invite you to experience how our expertise can help you achieve your goals.

**For more information:** Visit [bkdcyber.com](https://www.bkdcyber.com) or contact:

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